



ENGINEERING COLLEGE, AJMER

(AN INSTITUTE OF GOVT. OF RAJASTHAN)

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ECA/TPO/2021/552

Date: 16/12/2021

Notice

A Webinar on “**Recognizing the Importance of Mental Health**” is scheduled on 17th December 2021(Friday) from 12:00Noon to 1:00PM by Training and Placement Cell. All the First-Year students (all Branches) should attend this activity and ask their doubt related to mental health such as “autonomy, environmental mastery, personal growth, positive relations with others, purpose in life, and self-acceptance”, during this session and/or by joining a common whatsapp group where the expert will be available for group/private counselling of the students while keeping their entity completely anonymous.

Our distinguished expert cum counsellor is **Ms. Syeda Aqsa Chishty**, Clinical Psychologist, Counsellor & Researcher.

Google Meet Link: <https://meet.google.com/qbu-vmox-wnt>

Whatsapp Group Link: <https://chat.whatsapp.com/L137lQTVrOA9k93mM6C7BU>

Mr. Vinod Kr. Verma
(T&P Coordinator)

Copy to (through email/website):

- 1) Principal for kind information
- 2) Students
- 3) All HODs
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